

SLCC Live Craft Demonstration – Woven Headbands

The Squamish Lil'wat Cultural Centre (SLCC) in Whistler is a thriving cultural centre educating youth and visitors from around the world. While our doors are temporarily closed in response to the COVID-19 pandemic, our hearts are still open and eager to share our cultural practices with you. We look forward to digitally welcoming you into our home work spaces over the coming weeks; this week's focus is woven headbands.

To follow along and make your own, you will need:

1 x straight piece of cardboard (in place of a loom)

Width: at least 5" (12.5 cm)

Length: measure the circumference of your head and double it. For an adult sized head, this is approximately 23" (58 cm)

Wool* for warps (the base)

Approx. 40 ft (12.2 m)

Wool* for weaving wefts (back and forth)

Approx. 23 ft (7 m)

Wool* for twine (what locks in the weave)

Approx. 2 ft (60 cm)

Strong tape (duct tape preferred)

The tape will be used to keep the wool* attached to the cardboard for stability

Large needle to tuck the strands in (a crochet hook will work as well)

Scissors (to cut the wool at the end)

NOTE: The thinner the wool, the longer your headband will take to make 😊

**If you do not have wool, you can still follow along by using ribbon, or paper:*

Working with Paper:

(no cardboard/loom required)

Paper for warps (the base)

One piece of 8 ½ x 11 paper, cut lengthwise into seven 1" pieces

Paper for weaving wefts (back and forth)

One piece of 8 ½ x 11 paper of a different colour, cut lengthwise into seven 1" pieces

Clear tape or glue stick** (to keep the paper together)

Scissors (to cut the paper at the end)

** twine and a needle (or crochet hook) are not required when working with paper, use a glue stick instead to keep the weave together. If you don't have glue, that is still okay, as you will still get a feel for the technique!